



Woolwich Counselling Centre Presents...

De-Cluttering Your Life & Your Mind

Adult Workshop



Do you find life overwhelming?
Physical and emotional clutter take up space and time and create stress. You can choose to simplify and “declutter” your life by setting priorities, developing boundaries. Recognize what is truly important to bring joy and purpose to your life.

Thursday January 24, 2019

7:00-8:00 pm

Fee: \$20/person

Please call 519-669-8651 to register