



Woolwich Counselling Centre Presents...

Understanding & Responding to Self-Harm

Together we can reduce the stigma of Self-Harm and support the 15-20% of our youth that self-injure.



Do you know someone who is self-injuring—cutting their skin, hair pulling, burning skin /eyes, overdoses, suffers with an eating disorder, deliberately breaks bones, intentionally hits their body with objects?

Presentation focuses on why youth deliberately injure themselves and how to appropriately respond to assist them commit to a healthy change.

Monday April 16, 2018

7:00-8:00 p.m.

Fee: \$15

Please call 519-669-8651 for more information