

# Protecting the Girl in Me

A Self-Awareness Group for Girls  
Ages 10-12



Let's talk about what matters!

This group develops leadership skills and confidence to enable girls to protect themselves, develop healthy coping mechanisms and positive social connections.

Jan 21, 28, Feb 4, 11 & 18, 2020

7:00-8:00 pm

Fee: \$100

**Please call 519-669-8651 for more information**