



Bereaved Families of Ontario
MIDWESTERN REGION

Anything But Merry

When you're grieving, the holiday season can seem Anything But Merry. It can be a time of overwhelming emotions and new challenges.

**JOIN US AT OUR VIRTUAL EDUCATION SESSION
WHERE WE ACKNOWLEDGE THE DIFFICULTIES THE
HOLIDAY SEASON CAN BRING AND SHARE
COPING STRATEGIES TO HELP YOU THROUGH**

DECEMBER 9, 2020 | 7:00PM

PRESENTED IN PARTNERSHIP WITH



FOR MORE INFORMATION + TO REGISTER:
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