

**WOOLWICH
COUNSELLING
CENTRE AND THE
WATERLOO REGION
SUICIDE PREVENTION
COUNCIL PRESENT**

THE ROLE OF THE COMMUNITY IN SUICIDE PREVENTION

BUILDING A SUICIDE ALERT COMMUNITY

No cost, virtual adult workshop

Communities play an important role in suicide prevention; they can provide individuals with support, and help give a sense of belonging and a feeling of connectedness.

This presentation will explore how we all have a role to play in the work of suicide prevention including: General suicide prevention awareness; how to identify invitations for help from someone who is struggling; available community resources; resiliency, and protective factors.

THURSDAY, SEPT. 16 2021

7-8 PM

LEARN MORE AND REGISTER:



519-669-8651



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