

**WOOLWICH  
COUNSELLING  
CENTRE  
PRESENTS**

# **EMPOWERING THE GIRL IN ME**

**AGES 10-12**

**No cost, in-person group**

This five-session therapy group develops leadership skills and confidence to enable girls to protect themselves, develop healthy coping mechanisms, and positive social connections.

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**WEDNESDAYS,  
JAN. 26, FEB. 2, 9, 16, 23 2022  
5-6 PM**

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**LEARN MORE AND REGISTER:**



**519-669-8651**



**INFO@WOOLWICHCOUNSELLING.ORG**



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