

WOOLWICH
COUNSELLING
CENTRE AND
NATIONAL EATING
DISORDER
INFORMATION
CENTRE
PRESENT

UNDERSTANDING AND PREVENTING EATING DISORDERS

ADULT WORKSHOP

No cost, virtual workshop

Eating disorders impact an estimated 2.7 million people in Canada and are often misunderstood.

This workshop will help you learn how to help others who may be affected. It will help you recognize the early signs of disordered eating, respond in a compassionate manner, and learn about supportive resources.

MONDAY, FEB. 13 2023

6:30-8 PM

LEARN MORE AND REGISTER:



519-669-8651



INFO@WOOLWICHCOUNSELLING.ORG



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**National Eating Disorder
Information Centre**