WOOLWICH **COUNSELLING** CENTRE **PRESENTS** 

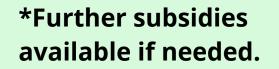
## EMPOWERING THE GIRL IN ME **AGES 10-12**

## **In-person group**

This five-session therapy group develops leadership skills and confidence to enable girls to protect themselves, develop healthy coping mechanisms, and positive social connections.



WEDNESDAYS, JAN. 25, FEB. 1, 8, 15, 22 2023



## 5-6 PM

## LEARN MORE AND REGISTER:



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