

**WOOLWICH
COUNSELLING
CENTRE
PRESENTS**

UNDERSTANDING ME

INTERPERSONAL VIOLENCE SUPPORT GROUP

No cost, virtual adult group

This 10-week therapy group provides education and support for women who have experienced emotional or physical abuse within their intimate relationships.

Funded by Ministry of Children, Community and Social Services.

**TUESDAYS, JAN. 10, 17, 24, 31,
FEB. 7, 14, 21, 28, MAR. 7, 14 2023**

10 AM-12 PM

LEARN MORE AND REGISTER:



519-669-8651



INFO@WOOLWICHCOUNSELLING.ORG



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