

WOOLWICH
COUNSELLING CENTRE
AND BEREAVED
FAMILIES OF ONTARIO -
MIDWESTERN REGION
PRESENT

GRIEF AND SPECIAL DAYS

ADULT WORKSHOP

No cost, virtual workshop

When you're grieving, special occasions like birthdays, anniversaries, Mother's/Father's Day and the holidays, no matter what you celebrate, can be a time of overwhelming emotions, new challenges and unrealistic expectations from family and friends.

This session acknowledges the difficulties these special days can bring and discusses coping strategies to help you through.

TUESDAY, DEC. 13 2022

7-8 PM

LEARN MORE AND REGISTER:



519-669-8651



INFO@WOOLWICHCOUNSELLING.ORG



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