

**WOOLWICH
COUNSELLING
CENTRE
PRESENTS**

GRIEF GROUP FOR SENIORS

No cost, in-person sessions

Grief is a journey that requires special care and the support of others as we heal. This six-session group will focus on the journey through grief after the loss of a loved one. It will provide opportunities for connection and reflection during the healing process.

**WEDNESDAYS,
FEB. 22-MAR. 29 2023**

3-4 PM

LEARN MORE AND REGISTER:



519-669-8651



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